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and/or comprises at least one of tectorigenin and tectorigenin glycoside, with the proviso that the medicament does not comprise Belamcandra chinensis extract if the medicament is used for treating a peri-menopausal or post-menopausal disorder.

- 18. (Amended) A method according to claim 17, wherein the extract is a Belamcandra chinensis extract.
- 19. A method according to claim 17, wherein the extract comprises at least one of tectorigenin and tectorigenin glycoside.
- 20. A method according to claim 17, wherein the extract is enriched with at least one of tectorigenin and tectorigenin glycoside.
- 21. A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of a cardiovascular disease.
 - 22. A method according to claim 21, wherein the cardiovascular disease is atherosclerosis.
- 23. A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of osteoporosis.
- 24. A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of a climacteric disorder.
- 25. A method according to claim 17, wherein the production of the estrogen-type effect comprises preventing or alleviating hot flushes.
- 26. (New) A method according to claim 17, wherein the extract is produced with an organic solvent or supercritical CO₂.